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(ADITYA NAGAR, ADB ROAD, SURAMPALEM 533 437, E.G. Dt, Ph.9949876664, 08852-200005)
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#### NSS ACTIVITIES FOR ACADEMIC YEAR-2021-2022

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INDEX				
S. No	Name of Activity	Date of Activity	Place	No. of Students Participated
1	Vanamahostam Program	07 July 2022	Surampalem	53
2	International yoga Day celebrations	21 <sup>st</sup> June 2022	Aditya college of Pharmacy	55
3	Awareness on Road Safety	15 <sup>th</sup> June 2022	Venkata Puram	45
4	Free Medical Camp	28 <sup>th</sup> May 2022	Chakrabandham, old Panchayati office Rajmundry	34
5	Village Survey(Unnat Bharath Abhiyan)	23 <sup>rd</sup> April 2022	Kotapadu	55
6	Blood Donation Programme	8 <sup>th</sup> March 2022	Aditya college of Pharmacy	114
7	Awareness on AIDS	1 <sup>st</sup> December 2021	Aditya Buisiness school	24
8	Distribution of Hand Made cloth bags and awareness on Reducing Plastic Pollution	12 <sup>th</sup> November 2021	Surampalem	59
9	National Unity Day	31 <sup>st</sup> October 2021	Aditya college of pharmacy	22
10	Swachh Bharat Abhiyaan	20 <sup>th</sup> October 2021	Subhadrampeta	60

Percentage of Participation: 89.9%

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NSS CO-ORDINATOR

NSS Coordinator
Aditya College of Pharmacy
SURAMPALEM

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PRINCIPAL





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Date: 07-07-2022

#### REPORT

Name of the Programme: Vanmahotsavam

Place of the Programme: Grama Sachivalayam Surampalem, East Godavari.

No. of students participated:53

Van Mahotsav is an annual tree-planting movement in India, which began in 1950. To be part of this movement, NSS Unit of Aditya college of Pharmacy every year took part in Van Mahotsav celebration. Vanamahostava Program i.e., Planting of trees was held on 07-07-2022 at Surampalem. Students have Planted the saplings near the premises of Grama Sachivalayam and also distributed saplings to the authorities and aware the people in the village about the importance of plants and how we suffered at pandemic without Oxygen. The Program was successful with happy faces of the Grama sachivalayam crew and the villagers. In this program our students had took an active participation in the Planting.

Benefits of the Programme: Green and Healthy Environment.















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Date: 21-06-2022

### REPORT

Name of the Program: International Yoga Day Celebrations No. Of Students Participated:55

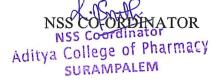
Venue: Aditya College of Pharmacy, East Godavari dist.

Aditya College of Pharmacy in recognition of the holistic significance of yoga in the lives of individuals, the International Yoga Day celebrations are conducted on June 21, 2022. 55 participants including NSS Students along with Principal, Dr.K. Ravishankar and faculty members of the institution Participated actively and performed various under the expert guidance of M. Ramakrishna Yoga Trainer from Pulimeru. The session started with prayer followed by warm-up after which several uplifting breathing exercises and relaxation techniques were practiced. Participants also performed Surya Namaskar and Partook its enriching benefits. Principal requested students to enrich their lifestyle by performing yoga and engaging in outdoor exercises. NSS Coordinator of Aditya College of Pharmacy K. Pakeeraiah reinforced the relevance of yoga and the need to practice it every day in order to remain fit holistically. The session was ended by felicitating the guest.

**Benefits of Yoga Celebrations:** Breathing exercises and relaxation techniques can play a huge role in enhancing their proficiency while leading a stress-free life. The students were instructed to recite slogans denoting the significance of yoga in contemporary life in order to make them aware of benefits of yoga.













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Date: 15-06-2022

#### REPORT

Name of the Programme: Awareness on Road Safety

Venue: Venkatapuram. No. Of Students Participated: 45

National Service Scheme (NSS) has conducted "Road Safety Awareness" on 15-06-2022 in one of the villages adopted by the Aditya College of Pharmacy i.e., Venkata Puram. As a part of this NSS Volunteers of Pharmacy and Pharm-D students and the staff Ms T. Prashanthi and Mr. K.Pakeeraiah were Participated. The program was initiated to create awareness about the road safety measures so that it will benefit the society on a long run. After reaching the village, volunteers met the members of the village and gave the awareness on road safety and identified the places where accidents are likely to occur. A few places are identified for the event. Some of our Volunteers had met the members who were travelling on the road and gave some precautions about road safety like wearing helmet, don't use phone while driving, don't drink and drive, drive very slowly and follow traffic rules, due to which accidents are likely to occur. They met the people and distributed the pamphlets and made them aware of importance of Road Safety and effect of accidents. Most of the villagers showed a great interest towards Road Safety and they gave an assurance that they will follow the traffic rules while travelling. The people were very interactive and supportive when we were explaining them.

#### Benefits of the program:

To educate People about the road safety and what precautions need to be taken to avoid road accidents.





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NSS Coordinator

Aditya College of Pharmacy

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Date: 28-05-2022

#### REPORT

Name of the Programme: FREE MEDICAL CAMP Venue: Chakrabandham,old Panchayati,RJY

Collaboration: with Krishna Gandhi hospital, E.G. No. Of Students Participated: 34

Pharma-D students were actively Participated in the FREE MEDICAL CAMP campaign organized at Krishna Gandhi Hospital at chakrabundham, Rjy on 28-05-2022 by Aditya College of Pharmacy with the Permission of the authorities. Our faculty Dr.Amit, K.Pakeraiah and the Students showed the gratitude towards Dr.K.Krishna Sandeep for their support in distributing medicines. It is a "Dispensing health", which aims to improve the Profile of Pharmacy and Promote the role of a Pharmacist as "dispenser of healthy, as well as medicines". "As part of campaign, the people are educated about various drugs, their usage, dosage, time of administration etc. The campaign was very well appreciated by localities of village for making them aware about the medicines and their role in the health care system.

Benefits of the Programme: The services rendered by our students in the medical camp are:

- 1. Free consultation.
- 2. Monitoring of Blood pressure.
- 3. Checking of height &weight (BMI)
- 4. Distribution of sanitary Napkins.
- 5. Educating the importance of Vaccinations to female and nursing mothers.
- 6. Distribution of Vitamins, Iron and Anti-Pyretic medication to villagers.
- 7. Educating on cleanliness and nutritional Supplements.

















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Date: 23-04-2022

#### REPORT

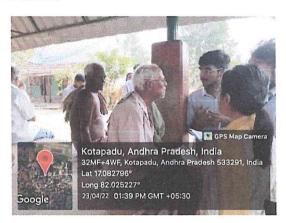
Name of the Programme: "Village Survey" Collaboration: Grama Sachivalayam, Kotapadu.

Venue: Kotapadu, East Godavari. No. Of Students Participated: 55

The NSS volunteers undertook household survey under Unnat Bharat Abhiyaan at kotapadu on 23-04-2022 in order to collect general information related to household. They were oriented by the UBA members and the main motto of this Programme is to educate the households for their needs and the scheme that have been generated by the government in this Programme the faculty of Aditya college of pharmacy Ms K. Sruthi and NSS Cordinator Mr.K.Pakerraiah were involved and gave awareness about the usage of toilets and the wastage disposal and hygiene maintenance among them. Students were actively Participated and made the Program successful.

#### Benefits of the Program:

Villages are aware about the schemes getting from Govt of India and also, they are aware of the usage of toilets.











NSS CO-ORDINATOR

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Page 1

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Date: 08-03-2022

#### REPORT

Name of the Programme: Blood Donation camp No. of students Participated: 114

Venue: Collaboration with Abhaya blood Bank Aditya College of Pharmacy.

Aditya college of pharmacy NSS Unit conducted a blood donation camp on **08-03-2022** at seminar hall with help of "ABHAYA BLOOD BANK" Kakinada. Inauguration of the program was done by **Dr.K. Ravishankar** Principal of Aditya college of Pharmacy came forward to donate her Blood. All the NSS volunteers of our college actively participated and even encouraged other students to participate and donate blood in this camp. We have collected **102** Blood packs of various blood groups. Blood packs were sent to Government General Hospital, Kakinada. The hospital authorities had distributed energy drinks to all the blood donors to compensate the blood donation.

### Benefits of the program:

Volunteers are very much satisfied by donating blood in this camp. We have collected 102 blood packs of various blood groups. Because of this camp we got great appreciation from Government General Hospital, Abhaya blood bank. Blood donation is one of the best charity programs that helps the needy people who are in emergency and as the student were enjoyed in helping others as a part of the social service















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Date: 01-12-2021

#### REPORT

Name of the Programme: Awareness on AIDS Scheme: Worlds AIDS DAY

venue: Aditya Global Buisiness School, Surampalem. No. of students Participated: 24

Aditya college of Pharmacy, successfully organized an awareness Programme on AIDS at Aditya Global Buisiness School under the Guidance of Principal DR.K. Ravi Shankar to make the students aware about HIV/AIDS. College students and staff used Power point presentation and explained about the signs, symptoms, causes and prevention of AIDS. Dr. Vishalakshi Principal of Aditya Buisiness School addressed the pharmacy students and gave opportunity for the Presentation. Our students explained that HIV caused AIDS and interfered with the body's ability to fight infection. If detected early, a regular consultation and proper treatment help in fighting infection and allows a patient to live long. NSS programme officers **K. Sruthi**, Other Faculty K. Gnaneshwari, A. Govardhan took great efforts to conduct Programme smoothly. The teaching, non-teaching staff members and students have actively participated in the programme.

### Benefits of the survey:

Awareness on AIDS and other health aspects.













K. Bruthi NSS CO-ORDINATOR

NSS Coordinator
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Date: 12-11-2021.

### REPORT

Name of the Programme: Distribution of Hand Made cloth bags and awareness on Reducing Plastic Pollution.

Venue: Temple Street, Surampalem.

No. of students participated: 59

Students of B. Pharmacy and Pharm.D handmade cloth bags by their own and were actively participated in Distribution of Hand Made cloth bags and awareness on reducing plastic pollution organized at Mahalakshmi temple, Surampalem on 12-11-2021 by Aditya College of Pharmacy with the permission of the authorities in the village. It is a public awareness campaign for the distribution of cloth bags and also aware the Public for the reduction of Pollution. As part of campaign, the faculty B. Renuka and K. Gnaneshwari were actively Participated. The campaign was very well appreciated by localities of village for distribution of cloth bags.

#### Benefits of the Programme:

Villages were happy with the cloth bags. The authorities appreciated the students and staff for their initiative.













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Date: 31-10-2021.

#### REPORT

Name of the Programme: "National Unity Day"

Venue: Aditya College of Pharmacy, East Godavari dist. No. of students participated :22

Rashtriya Ekta Diwas or National Unity Day was observed on 31st October 2021on account of Birth Anniversary of Sardar Vallabhbhai Patel. A total of 22 NSS volunteers took the Unity Oath (Ekta Shapath) in the presence of the Program Officer and the office bearers. These volunteers then carried the pledge in order to promote the idea of Unity in Diversity of the nation. The faculty members, and B. Pharm students were actively involved. The pledge was recited by each and every class.

#### **Benefits of Program:**

Promoting unity in diversity among the students.











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Date: 20-10-2021

#### REPORT

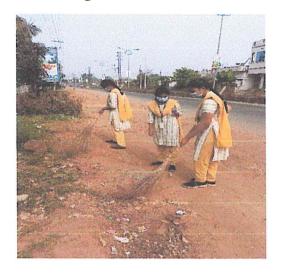
Name of the Programme: "Swachha Bharat".

Venue: Subhadram Peta, East Godavari. No. of students participated: 60

To mark the onset of Swacchta Pakhwada, the NSS Co-Ordinator, K. Sruthi, delivered the Swachhta Shapath to the NSS volunteers of the college. The NSS volunteers undertook cleaning at one of the adopted villages under swachh Bharat Scheme on **20-10-2021** at **Subhadram Peta**. A total of 60 volunteers Participated in this activity. Swacchta Awareness Rally was conducted by the NSS unit in the village area to spread awareness on Swachhta on 20-10-2021.

### Benefits of the Program:

Clean and green and make the world healthier and happier.











NSS Coordinator Aditya College of Pharmacy SURAMPALEM

